USER MANUAL

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1. Getting Started

Sign Up

1. Navigate to the SmartStride homepage and click on "Sign Up" at the bottom of the page or the "Get Started" button.
2. Fill in your personal information:
   - First Name
   - Last Name
   - Select your user type (Patient or Doctor)
     - Note: If you're a patient, you'll need to enter your clinician's username to link your account.
4. Create a security question and answer for password recovery.
5. Choose a username and password.
6. Click "Sign Up" to complete the registration process.
7. You'll be redirected to the appropriate login page based on your user type.

2. Account Management

Login (Patients)

1. Go to the SmartStride homepage and click on "Login" in the navigation menu.
2. Select "Patient Login" from the options.
3. Enter your username and password.
4. Click "Login" to access your patient dashboard.
5. You will be redirected to your patient dashboard.

Login (Clinicians)

1. Go to the SmartStride homepage and click on "Login" in the navigation menu.
2. Select "Clinician Login" from the options.
3. Enter your username and password.
4. Click "Login" to access your clinician dashboard.
5. You will be redirected to your clinician dashboard.

Resetting Your Password

1. Go to the login page and click on "Login Help."
2. Select your user type (Patient or Doctor).
3. Enter your username and click "Submit."
4. Answer your security question correctly.
5. Enter your new password and confirm it.
6. Click "Set New Password" to complete the process.
7. You can now log in with your new password.
    1. See Login (clinician) or Login (patient) for more information.

3. Patient Features

Uploading CSV Files

1. Log in to your patient dashboard.
2. Click on the "Upload CSV File" button.
3. You can either drag and drop CSV files into the designated area or click the dotted box to select files.
    1. Note: Files that you upload here can be viewed by your clinician.
4. The system will automatically upload and process your files.
5. You'll see a confirmation message when the upload is complete.
6. Click "Back to Dashboard" to return to your patient dashboard.

4. Clinician Features

Adding a Patient

1. Log in to your clinician dashboard.
2. Above the "List of Patients" section, enter the patient's username in the input field.
3. Click "Add Patient" to add them to your list.
4. The patient will now appear in your patient list.

Dropping a Patient

1. Log in to your clinician dashboard.
2. In the "List of Patients" section, find the patient you want to remove.
3. Click on the three dots (⋮) next to the patient's name.
4. Select "Remove Patient" from the dropdown menu.
5. Confirm the removal when prompted.
    1. Note: You will no longer be able to access the removed patient’s information.

Viewing a Patient's Profile

1. Log in to your clinician dashboard.
2. In the "List of Patients" section, find the patient you want to view.
3. Click the "View" button next to the patient's name.
4. You'll be redirected to the patient's dashboard where you can view their information, treatment goals, and data.

Adding or Dropping a Goal

1. Log in to your clinician dashboard.
2. Click "View" next to the patient's name to access their dashboard.
3. In the "Treatment Goals" section, you'll see a form to add a new goal.
4. Enter the goal description and click "Add Goal."
5. To mark a goal as completed, check the checkbox next to the goal.
6. To delete a goal, click the "×" button next to the goal.

5. Shared Features

Viewing Past Results

1. Log in to your dashboard (patient or clinician).
2. Click on the "See Past Results" button located at the bottom of Monthly Session Details section.
    1. For clinicians you will need to select a patient before completing step 2.

3. You'll be taken to a page showing your step classification data over time.
4. Use the date filters at the top to select a specific time range:
    - Enter a start date and end date by typing in the boxes or by clicking the calendar icon and selecting the dates.
    - Click "Apply Filters" to update the results
    - Click "Reset" to clear the filters and show all results
5. Each month with data will display a pie chart showing the distribution of step types (Normal, Mild, Moderate, Severe).
6. Click "Back to Dashboard" at the top of the page to return to your patient dashboard.